Lecture (chapter 6): Introduction to inferential statistics: Sampling and the sampling distribution Ernesto F. L. Amaral

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Source: Healey, Joseph F. 2015. "Statistics: A Tool for Social Research." Stamford: Cengage Learning. 10th edition. Chapter 6 (pp. 144–159).



# Chapter learning objectives

- Explain the purpose of inferential statistics in terms of generalizing from a sample to a population
- Define and explain the basic techniques of random sampling
- Explain and define these key terms: population, sample, parameter, statistic, representative, EPSEM sampling techniques
- Differentiate between the sampling distribution, the sample, and the population
- Explain the two theorems presented



## **Basic logic and terminology**

### Problem

• The populations we wish to study are almost always so large that we are unable to gather information from every case

### Solution

 We choose a sample – a carefully chosen subset of the population – and use information gathered from the cases in the sample to generalize to the population



## Basic logic and terminology

- Statistics are mathematical characteristics of samples
- **Parameters** are mathematical characteristics of populations
- Statistics are used to estimate parameters





## Samples

- Must be representative of the population
  - Representative: The sample has the same characteristics as the population
- How can we ensure samples are representative?
  - Samples drawn according to the rule of EPSEM
     (<u>e</u>qual <u>p</u>robability of <u>s</u>election <u>m</u>ethod)
  - If every case in the population has the same chance of being selected, the sample is likely to be representative



## A population of 100 people



## Nonprobability sampling



## **EPSEM** sampling techniques

- 1. Simple random sampling
- 2. Systematic sampling
- 3. Stratified sampling
- 4. Cluster sampling



# 1. Simple random sampling

- To begin, we need
  A list of the population
- A method for selecting cases from the population so each case has the same probability of being selected
  - The principle of EPSEM
  - A sample selected this way is very likely to be representative of the population
  - Variable in population should have a normal distribution or N>30



- You want to know what percent of students at a large university work during the semester
- Draw a sample of 500 from a list of all students (N=20,000)
- Assume the list is available from the Registrar
- How can you draw names so every student has the same chance of being selected?



- Each student has a unique, 6 digit ID number that ranges from 000001 to 999999
- Use a table of random numbers or a computer program to select 500 ID numbers with 6 digits each
- Each time a randomly selected 6 digit number matches the ID of a student, that student is selected for the sample
- Continue until 500 names are selected



#### Stata

set obs 500

generate student = runiformint(1,999999)

sum student

Variable	Obs	Mean	Std. Dev.	Min	Max
+-					
student	500	482562.6	283480.9	3652	997200

#### • Excel

- Use RANDBETWEEN function
- Returns a random number between those you specify
- Drag the function to 500 cells

=RANDBETWEEN(1,999999)



- Disregard duplicate numbers
- Ignore cases in which no student ID matches the randomly selected number
- After questioning each of these 500 students, you find that 368 (74%) work during the semester



# Applying logic and terminology

- In the previous example:
- Population: All 20,000 students
- Sample: 500 students selected and interviewed
- **Statistic:** 74% (percentage of sample that held a job during the semester)
- **Parameter:** Percentage of all students in the population who held a job



### Simple random sample



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Source: Babbie 2001, p.200.

# 2. Systematic sampling

- Useful for large populations
- Randomly select the first case then select every k<sup>th</sup> case
- Sampling interval
  - Distance between elements selected in the sample
  - Population size divided by sample size

### Sampling ratio

- Proportion of selected elements in the population
- Sample size divided by population size
- Can be problematic if the list of cases is not truly random or demonstrates some patterning

- If a list contained 10,000 elements and we want a sample of 1,000
- Sampling interval
  - Population size / sample size = 10,000 / 1,000 = 10
  - We would select every 10th element for our sample
- Sampling ratio
  - Sample size / population size = 1,000 / 10,000 = 1/10
  - Proportion of selected elements in population
- Select the first element at random



## 3. Stratified sampling

 It guarantees the sample will be representative on the selected (stratifying) variables

Stratification variables relate to research interests

- First, divide the population list into subsets, according to some relevant variable
  - Homogeneity within subsets
    - E.g., only women in a subset; only men in another subset
  - Heterogeneity between subsets
    - E.g., subset of women is different than subset of men
- Second, sample from the subsets
  - Select the number of cases from each subset proportional to the population



- If you want a sample of 1,000 students
  - That would be representative to the population of students by sex and GPA
- You need to know the population composition
  - E.g., women with a 4.0 average compose 15 percent of the student population
- Your sample should follow that composition
  - In a sample of 1,000 students, you would select 150 women with a 4.0 average



## Stratified, systematic sample



Source: Babbie 2001, p.202.

# 4. Cluster sampling

- Select groups (or clusters) of cases rather than single cases
  - Heterogeneity within subsets
    - E.g., each subset has both women and men, following same proportional distribution as population

#### Homogeneity between subsets

- E.g., all subsets with both women and men should be similar
- Clusters are often geographically based
   For example, cities or voting districts
- Sampling often proceeds in stages
  - Multi-stage cluster sampling
  - Less representative than simple random sampling



## Stratified vs. cluster sampling

#### Stratified

- Homogeneity within subsets
- Heterogeneity between subsets
- Select cases from each subset



#### Cluster

- Heterogeneity within subsets (groups, clusters, areas)
- Homogeneity between subsets
- Select groups (e.g., area 1) rather than single cases

Area 1: women & men Area 2: women & men



## The sampling distribution

- The single most important concept in inferential statistics
- Sampling distribution is the probabilistic distribution of a statistic for all possible samples of a given size (*N*)
- The sampling distribution is a theoretical concept



## The sampling distribution

- Every application of inferential statistics involves three different distributions
  - Population: empirical; unknown
  - Sampling distribution: theoretical; known
  - Sample: empirical; known
- Information from the sample is linked to the population via the sampling distribution



- Suppose we want to gather information on the age of a community of 10,000 individuals
  - Sample 1: N=100 people, plot sample's mean of 27
  - Replace people in the sample back to the population
  - Sample 2: N=100 people, plot sample's mean of 30
  - Replace people in the sample back to the population



- We repeat this procedure
  - Sampling and replacing
  - Until we have exhausted every possible combination of 100 people from the population of 10,000



## Another example: A population of 10 people with \$0–\$9



Source: Babbie 2001, p.187.

## The sampling distribution (N=1)



## The sampling distribution (N=2)



Source: Babbie 2001, p.189.

### The sampling distribution



Source: Babbie 2001, p.190.

### The sampling distribution



Source: Babbie 2001, p.190.

### Properties of sampling distribution

- It has a mean  $(\mu_{\bar{X}})$  equal to the population mean  $(\mu)$
- It has a standard deviation (standard error,  $\sigma_{\bar{X}}$ ) equal to the population standard deviation ( $\sigma$ ) divided by the square root of *N*
- It has a normal distribution

A Sampling Distribution of Sample Means





### First theorem

- Tells us the shape of the sampling distribution and defines its mean and standard deviation
- If repeated random samples of size N are drawn from a **normal population** with mean  $\mu$  and standard deviation  $\sigma$ 
  - Then, the sampling distribution of sample means will have a normal distribution with...
  - A mean:  $\mu_{\overline{X}} = \mu$
  - A standard error of the mean:  $\sigma_{\bar{X}} = \sigma/\sqrt{N}$



### First theorem

- Begin with a characteristic that is normally distributed across a population (IQ, height)
- Take an infinite number of equally sized random samples from that population
- The sampling distribution of sample means will be normal



## Central limit theorem

- If repeated random samples of size N are drawn from any population with mean  $\mu$  and standard deviation  $\sigma$ 
  - Then, as N becomes large, the sampling distribution of sample means will <u>approach normality</u> with...
  - A mean:  $\mu_{\bar{X}} = \mu$

– A standard error of the mean:  $\sigma_{\bar{X}} = \sigma/\sqrt{N}$ 

- This is true for any variable, even those that are not normally distributed in the population
  - As sample size grows larger, the sampling distribution of sample means will become normal in shape



## **Central limit theorem**

• The importance of the central limit theorem is that it removes the constraint of normality in the population

Applies to large samples (N≥100)

- If the sample is small (N<100)
  - We must have information on the normality of the population before we can assume the sampling distribution is normal



## Additional considerations

- The sampling distribution is normal
  - We can estimate areas under the curve (Appendix A)
    Or in Stata: display normal(z)
- We do not know the value of the population mean (µ)
  - But the mean of the sampling distribution ( $\mu_{\bar{X}}$ ) is the same value as  $\mu$
- We do not know the value of the population standard deviation ( $\sigma$ )
  - But the standard deviation of the sampling distribution  $(\sigma_{\bar{X}})$  is equal to  $\sigma$  divided by the square root of N



## Symbols

Distribution	Shape	Mean	Standard deviation	Proportion
Samples	Varies	$\overline{X}$	S	$P_s$
Populations	Varies	μ	σ	$P_u$
Sampling distributions	Normal	$\mu_{ar{X}}$		
of means		$\mu_{ar{X}}$	$\sigma_{\bar{X}} = \sigma/\sqrt{N}$	
of proportions		$\mu_p$	$\sigma_p$	AM

## Sampling distribution

- It is the distribution of a statistic (e.g., proportion, mean) for all possible outcomes of a certain size
- In inferential statistics, the sample distribution links the sample with the population
- It has a normal shape
- Central tendency and dispersion
  - Mean is the same as the population mean
  - Standard deviation is referred as standard error
    - It is the population standard deviation divided by the square root of N
    - We have to take into account the complex survey design to estimate the standard error (svyset command in Stata)

